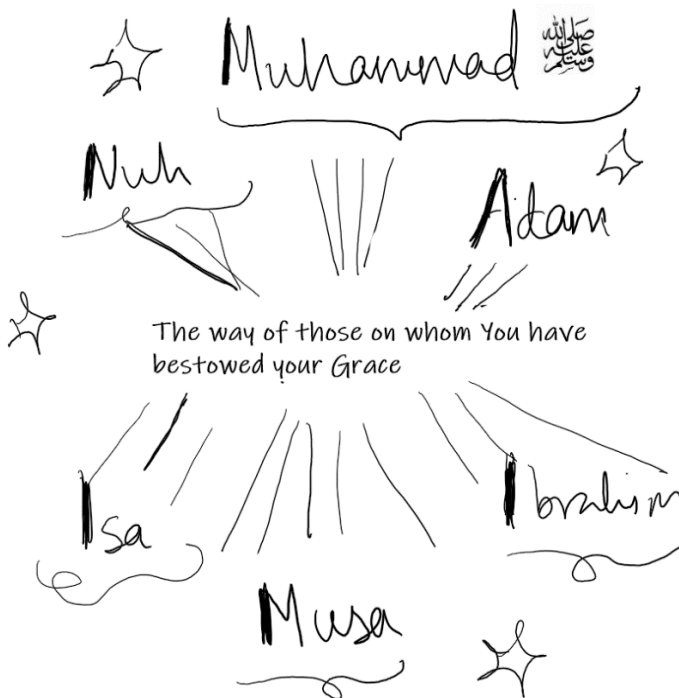
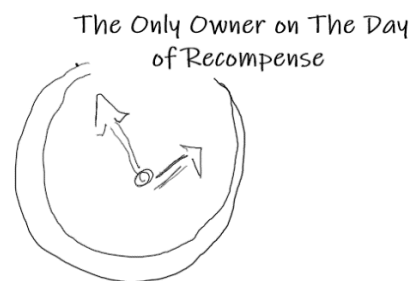
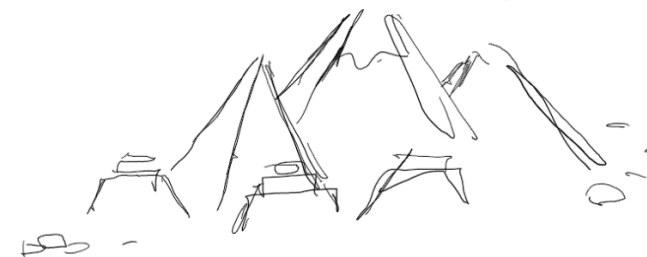


MY SALAH POSTER



Not the way of those who earned Your Anger
nor those who went astray



Day One: All praise to the Lord of the Worlds

When we say all praise belongs to Allah – it teaches us that all good comes from Allah, when we are doing a good deed, such as standing in Salah who has given us both the physical ability (arms and legs) and moral guidance (Islam) to do so? Or when we do something that makes us happy such as playing with our friends.

Rabb is one of Allah's lofty names and attributes that He tells us about Himself as an act of mercy so that we can know and love Him in what capacity we have. Rabb means Lord, and we say that Allah is Lord of the worlds - Allah is Lord of the animals, the universe, the heavens the earth – all of the worlds in existence.

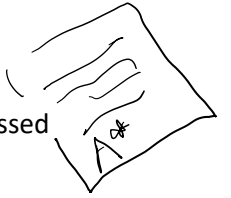
Ar-Rabb comes from Ar-Ruboobeya ; Lordship. This is who Allah is and what He does – He is alone in His actions – no one is similar or like Him. We also hear the root of the word Rabb when we say tarbiyah – what does tarbiyah mean and who is involved in your tarbiyah? Allah is constantly involved in the tarbiyah of His creation – He raises us from the wombs of our mothers and nourishes us, He is sustaining all of us all of the time. There is not a seed, a bird or a creature that exists without the tarbiyah of Allah. And the best kind of tarbiyah that Allah has given us Islam.

Day Two: The Most Merciful and The Bestower of Mercy

These are two more beautiful names of Allah that we begin many of our daily tasks with and which open most of the verses in the Quran.

Reflections:

Think about something good that you've achieved and what Allah blessed you with to allow you to achieve that



Think about all the different types of worlds in existence – the ones we can see on land and sea, and the ones we can't like the jinn and angels. Imagine their perfect balance and how Allah maintains that balance through his Mercy



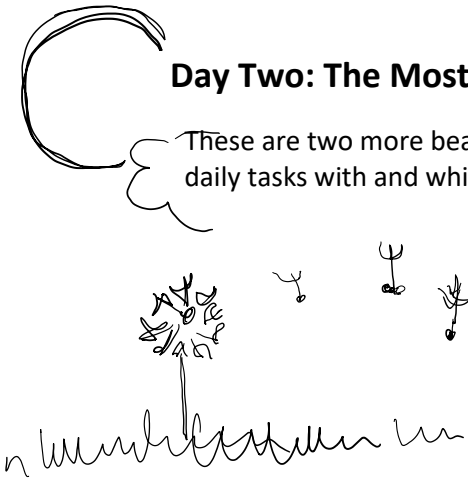
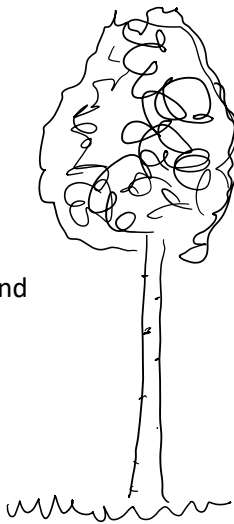
Think about how much your parents or caregivers love you and how much more Allah will love you in comparison. And think about all the beautiful things Islam has given your household through Islam – what does salah time give you and your family? How does the Prophet's example teach us to speak to and treat one another?

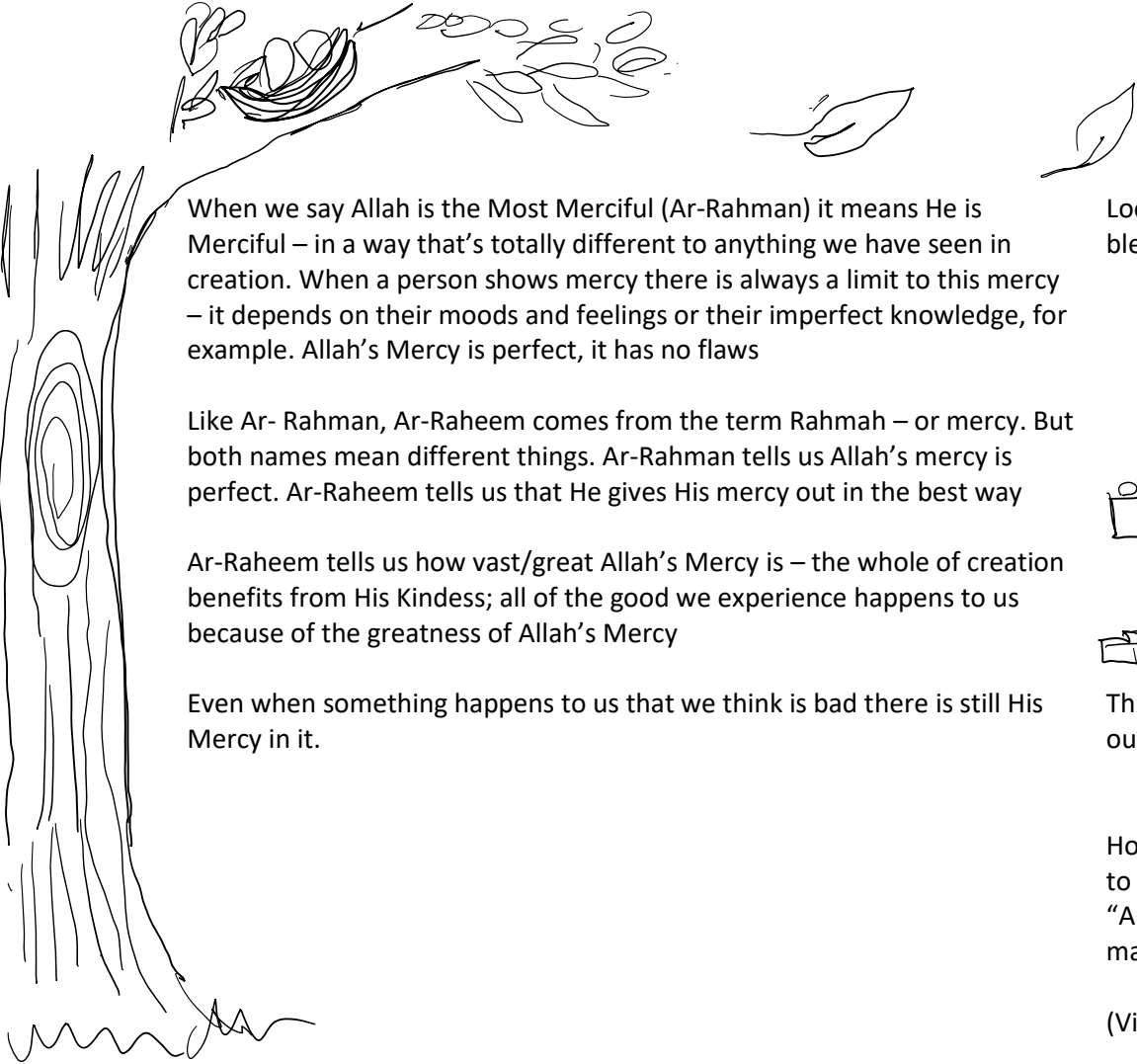
Visual cues: the different worlds we can see with our eyes



Reflections:

How often do we use these two beautiful names and what do they remind us about Allah?





When we say Allah is the Most Merciful (Ar-Rahman) it means He is Merciful – in a way that’s totally different to anything we have seen in creation. When a person shows mercy there is always a limit to this mercy – it depends on their moods and feelings or their imperfect knowledge, for example. Allah’s Mercy is perfect, it has no flaws

Like Ar- Rahman, Ar-Raheem comes from the term Rahmah – or mercy. But both names mean different things. Ar-Rahman tells us Allah’s mercy is perfect. Ar-Raheem tells us that He gives His mercy out in the best way

Ar-Raheem tells us how vast/great Allah’s Mercy is – the whole of creation benefits from His Kindness; all of the good we experience happens to us because of the greatness of Allah’s Mercy

Even when something happens to us that we think is bad there is still His Mercy in it.

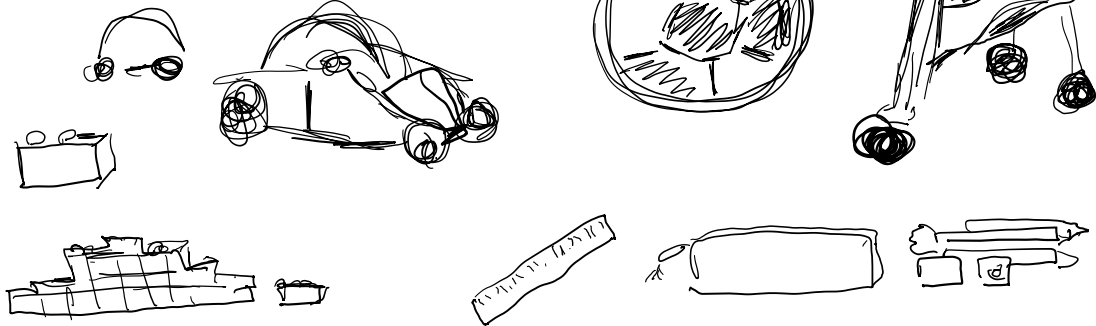
Day Three: The Only Owner of the Day of Recompense

Al Malik is another of Allah’s beautiful names and it tells us that

1. Allah owns everything
2. Allah has complete control of everything (gives whatever He wants and withholds from whoever He wants)



Look around your room, and think about how many things Allah has blessed us with through His Mercy



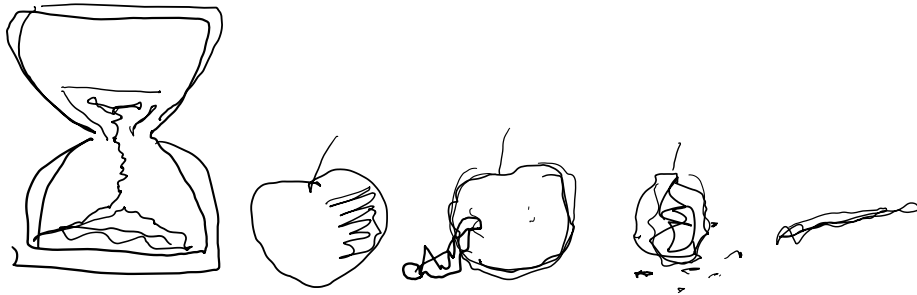
Think of a time that you might have been upset, but after you realised the outcome of that situation was better for you

How can we get more of Allah’s Mercy? The more we love and come near to Allah the more of His Mercy we benefit from
“And establish prayer and give zakah and obey the Messenger - that you may receive mercy.” 24:56

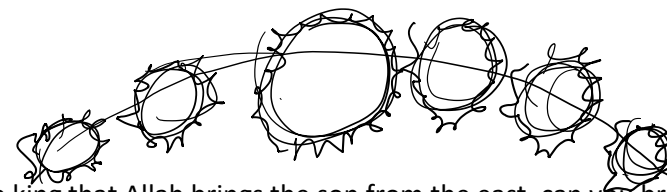
(Visual cues: some of your favourite blessings from Allah)

Reflections:

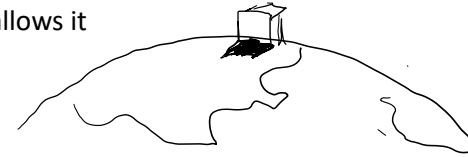
The difference between the two is exemplified when Ibrahim AS spoke to the king who claimed he was so powerful that he himself could cause life and death, and illustrated this by executing a member of his kingdom and pardoning a member who was due to be executed. Ibrahim AS responded



Allah's ownership is complete and perfect – our possessions and what we 'own' are not guaranteed and certainly won't be with us on the day of judgement. They are limited by time and circumstance. No one has any share in Allah's kingdom and nor do they own anything even as small as a seed – everything we have is given to us by Allah for a time.



to the king that Allah brings the son from the east, can you bring it from the west and of course the king was unable to. This shows us how, even when a king from creation possesses things from his kingdom, his decisions are always subject to the decree of Allah – his sphere of influence is only awarded and controlled by Allah's will. The only reason we own anything is because Allah allows it



Visual cues: time to signify how limited our ownership is, or this can be left blank

Day Four: You alone we worship and You alone we ask for help

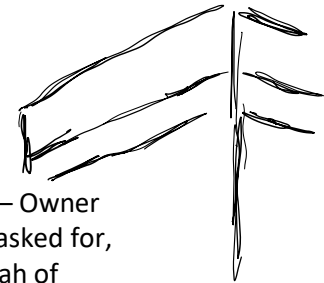
Often when Al-Malik is mentioned in the Quran it is mentioned next to Allah's kingdom and His right to worship. Think about the connection of the three things and how this reminds us that only Allah is worthy of our worship.

If nobody except Allah really owns anything, and nobody can benefit us except Allah than He is the only one that is deserving of our worship – we can only turn to Him in worship. We spoke about how only good comes from Allah and so only praise belongs to Allah. No one shares His Name and Attributes and no one compares to His Power and Dominion

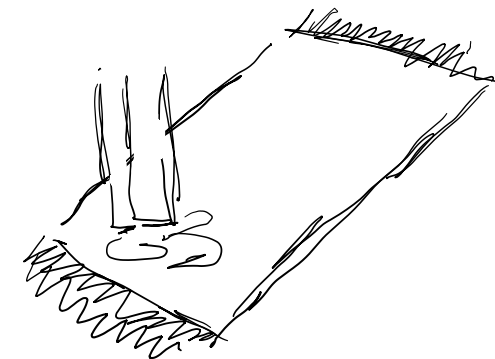


Reflections:

When you make duah to Allah remember you are asking Al-Malik – Owner of everything – and even if He were to award you everything you asked for, it wouldn't take anything away of Allah's dominion. And so ask Allah of anything and everything that is good for you as you are asking Al-Malik, Ar-Rahman, Ar-Raheem. And remember that asking is worship and He loves to be asked and He is the Most Generous



Visual cues: Kabah





Day Five: Guide us to The Straight Path

Allah did not create Adam because He needed us or our worship, life is a blessing and within life hidayah is the greatest of blessings. We stand before Allah five times a day and we ask Him directly for His guidance and if we do this with our head and heart, Allah will continue to bless us with Islam and all the great things Islam fills our lives with

Reflections:

Build a positive picture of what Islam brings to the life of your child – get them to reflect on how we feel when we know Allah loves and guides us, as well as all the communal benefits to being Muslim. The straight path is filled with happiness

HONESTY

Day Six and Seven: The Way of those on whom you have bestowed Your Grace, not (the way) of those who earned Your Anger, nor of those who went astray

Use your child's favourite Prophet or figure in Islamic history to help them visualise the people whose footsteps we are seeking to walk in, and discuss their characteristics. Explore an example of a Firaun or an Abu Lahab and what we seek to avoid – what characteristics do they exhibit (pride, jealousy, arrogance) and how did that lead to their eventual downfall?

Reflections:

Remind your child that salah is a blessing – it is Allah giving us an opportunity to stand before Him and seek the best possible outcome for ourselves. Use this final point as an opportunity to explain that Allah is As-Sami and Al-Basir He sees our salah and hears it and He is pleased with us when we stand before Him in Salah. Remember to model the best kind of behaviour to your children when it comes to salah – remind yourself that it is a blessing and a rehmat, we are given five opportunities a day to connect with our creator and reflect on our true purpose. Teach your child this is worth something – it may not be tangible but it is invaluable. Show them you enjoy salah and you benefit from it in sha Allah.

Visual cues: backdrops for Prophetic stories – splitting of the seas, good deeds such as giving to charity, caring for animals, not wasting water etc)

SERVITUDE

GENOROSITY

9

VANITY

9

PRIDE

9

ARROGANCE